## **Avant-Deux de Grandchamps des Fontaines**

(Upper Brittany, France)

In Upper Brittany the only musical instrument used is a vielle. This "coffee grinder" can play beautiful melodies like the one used for this dance.

Pronunciation: al

ah-vahn-DOO deh GRAHN-shahn day fon-TEHN

Cassette:

"Si on dansait" U.O.P. 1997 Side B/6

2/4 meter

Formation:

Two cpls form a quadrette. Cpl 1 faces Cpl 2 (4-5 ft apart). M joins R hands with ptr, hands

at shldr height. Note: contra lines are suggested.

Cpl 2

W2, M2

Cpl 1

M1, W1

Steps:

Pas de quatre: Starting with L ft, dance 3 running steps (cts 1,&,2); hop on L (ct &). R ft

crosses in front of L. Step alternates.

Meas

Pattern

8 meas

INTRODUCTION. No action.

I. AVANT-DEUX (ah-vahn-DOO)

A 1

Starting with L, cpls move twd each other with one Pas de quatre.

2 Cpls move bkwd with one Pas de quatre.

3-4

Repeat meas 1-2.

II. PASTOURELLE (pahss-too-REHL)

B 1

Ptrs drop R hands. Each dancer moves twd the opp with one Pas de quatre. Join R hands with opp. On the 4th ct (on the hop), M makes 1/2 turn CW; W turns CCW under R arms.

2

Every dancer moves back to opp pos with one Pas de quatre.

3-4

Repeat meas 1-2, returning to orig pos.

## III. AVANT-DEUX

A 1-4

Repeat Fig I.

III. MOULINET (R HAND MILL) (moo-lee-NAY)

B 1-4

Cpls form a R hand mill (grasping the wrist of the one in front). Turn the mill once and a half, bringing cpls to opp pos.

Repeat entire dance from the beginning 2 more times.

Presented by Germain and Louise Hébert